



Alexandra Hilliard
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Dance Dreams

Describe your experience with the COF Dance Project.

Being a dancer is so much more than performing on stage and putting on the perfect show. It is about expressing yourself and letting all of your feelings be shown. Having danced since I was two years old, it was very hard for me to graduate high school, leave my own studio and start my new life as a nursing student at MCPHS University. Not sure about what to expect at school as a freshman, I decided to take a year off from dancing. This was a very big mistake. I realized that not only was I missing dance, there was a huge void where I didn't know how to deal with the stress and craziness during that year. Joining the COF Dance family as a sophomore was definitely the best thing I could have done. Between the vigorous courses and crazy clinical schedules at MCPHS, I found time each week (which never seemed like enough) to go to dance class. Whether it was a student piece or tap and jazz with Kelly, I was always having fun, doing what I love, and not having to think about that next test. COF Dance helped me put myself out there and meet many different people from all of the Colleges of the Fenway, making some friendships that will last a lifetime. I will always feel connected to each and every one the COF dancers through the bond we have, our love for dance. Thank you so much for being yourself and helping me stay true to myself.